

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Gold Menu Autumn 2017 Elmbridge



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1					
4.9.17	Main	meatballs	Roast Gammon with Roast Potatoes and Gravy	Organic Beef Mince Cottage Pie	MSC salmon fishcake with Chips
25.9.17	Vegetarian	Sweet & Sour Vegetables with Rice	Vegetable pasty with Roast Potatoes and Gravy	Quorn Sausage with Mashed Potato and Gravy	Roasted Vegetable fajita Wrap
16.10.17		Jacket potato with beans	Jacket Potato with cheese	Jacket potato with honey	Jacket Potato with beans
13.11.17		Carrots	Savoy Cabbage	Sweet corn	Baked Beans
4.12.17		Green Beans	Swede	Carrots	Garden Peas
		Jelly	Chocolate sponge with chocolate icing	Apple Pie & Custard	Flapjack
		Yoghurt	Yoghurt	Yoghurt	Yoghurt
		Fresh Fruit Salad	Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Chunks
WEEK 2					
11.9.17	Main	Chicken Neapolitan pasta	Roast Turkey with Roast Potatoes and Gravy	Organic Beef Mince Tortilla Stack	MSC Fish Fingers with Chips
2.10.17		Macaroni Cheese with Garlic Slice	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Pasta Bolognese	Cheese & Tomato Quiche with Chips
30.10.17	Vegetarian	Jacket potato with beans	Jacket Potato with cheese	Jacket potato with honey	Jacket Potato with beans
20.11.17		Broccoli	Cauliflower	Roasted Mixed Vegetables	Baked Beans
11.12.17		Carrots	Green Beans	Garden Peas	Garden Peas
		Lemon Mixed Berry cake	Vanilla Shortbread	Rice Pudding with Custard	Chocolate Brownie
		Yoghurt	Fresh Fruit Salad	Yoghurt	Yoghurt
		Fresh Fruit Chunks		Fresh Fruit Platter	Fresh Fruit Chunks
WEEK 3					
18.9.17	Main	Organic Beef Mince Chilli with Rice	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Organic Beef Mince Pasta Bolognese	MSC or Battered Fish with Chips
9.10.17		Lenil & Sweet Potato Curry with Rice	Vegetable Wellington with Roast Potatoes and Gravy	Cheese Tomato Pizza with Wedges	Spanish Omelette with Chips
6.11.17	Vegetarian	Jacket potato with beans	Jacket Potato with cheese	Jacket potato with honey	Jacket Potato with Beans
27.11.17		Green Beans	Savoy Cabbage	Broccoli	Garden Peas
18.12.17		Glazed carrots	Sweetcorn	Mixed Salad	Baked Beans
		Peach crumble & custard	Chocolate crunch	Jam Sponge with Custard	Lemon drizzle cake
		Yoghurt	Yoghurt	Yoghurt	Yoghurt
		Fresh Fruit Salad	Fresh Fruit Chunks	Fresh Fruit Salad	Fresh Fruit Platter



Available daily
Freshly cooked jacket potatoes with a choice of fillings where advertised.
Beef & chicken served on pasta daily.