

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure

Autumn menu 2018

caterlink

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 3/9/18 24/9/18 15/10/18 12/11/18 3/12/18	Main	Cheese & Tomato Pizza	Cottage Pie with Gravy	Roast Chicken with stuffing with Roast Potatoes and Gravy	Beef burger in a bun	MSC Fish fingers with Chips
	Vegetarian	Vegetable Hotpot	Vegetable Fajita with Rice	Quorn Roast with Roast Potatoes and Gravy	Macaroni Cheese with Garlic Slice	Vegetable pasty with Chips
	Jacket Potato	Jacket Potato with Tuna	Jacket potato with beans, cheese or tuna	Jacket Potato with beans Cheese Carrot Cauliflower	Jacket potato with beans , cheese or tuna Sweet corn Broccoli	Jacket Potato with Cheese beans
	Dessert	Sweetcorn Peas Apple Crumble & Custard Yoghurt Fresh Fruit Platter	Green Beans Carrots Chocolate crunch Yoghurt Fresh Fruit Salad	Chocolate banana Oaty Square Yoghurt Fresh Fruit Platter	Fruit Strudel with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 2 10/9/18 1/10/18 29/10/18 19/11/18 10/12/18	Main	Cheese & Tomato Pizza	Sausages & Mash with Gravy	Roast Gammon Roast Potatoes and Gravy	Spaghetti Beef Bolognese	MSC Breaded Fish with Chips
	Vegetarian	Lentil & Sweet Potato Curry with Rice	Quorn Mince Bolognaise with Spaghetti	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable lasagne with Garlic Slice	Cheese & Tomato Quiche with Chips
	Jacket Potato	Jacket Potato with Tuna	Jacket potato with beans, cheese or tuna	Jacket Potato with beans Cheese	Jacket potato with beans , cheese or tuna Green Beans Carrots	Jacket Potato with Cheese beans
	Dessert	Coleslaw Sweet corn Fruit Sponge with Custard Yoghurt Fresh Fruit Platter	Peas Carrots Flapjack Yoghurt Fresh Fruit Chunks	Seasonal vegetables Shortbread Yoghurt Fresh Fruit Salad	Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 3 17/9/18 8/10/18 5/11/18 26/11/18 17/12/18	Main	Cheese & Tomato Pizza	Chicken & Broccoli Pasta Bake	Roast Chicken with Stuffing Roast Potatoes and Gravy	Meatballs with Rice	MSC Battered Fish with Chips
	Vegetarian	Five Bean Chilli with Rice	Vegetable Frittata	Vegetable Wellington with Roast Potatoes and Gravy	Shepherdess Pie	Quorn hotdog with Chips
	Jacket Potato	Jacket Potato with Tuna	Jacket potato with beans, cheese or tuna	Jacket Potato with beans Cheese	Jacket potato with beans , cheese or tuna	Jacket Potato with Cheese beans
	Dessert	Sweet corn Mixed Salad Pear & Ginger Sponge Yoghurt Fresh Fruit Platter	Green Beans Carrots Jelly Yoghurt Fresh Fruit Salad	Savoy Cabbage Sweetcorn Chocolate Brownie Yoghurt Fresh Fruit Chunks	Broccoli Carrots Banana Cake with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station