

Personal Development and Wellbeing 2025/2026

Focus Area 3: Personal development and well-being

Personal development is enhanced through a clear programme of experiences for all pupil groups and community involvement

Involving:

- Parents/carers
- Local community
- Church links
- Community day (including sports)

		Whole School	NLL	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn Term	September	Parent Meetings Parent Overviews Dance Club performance at GSSN Conference	Settling in sessions.	Phonics and reading meeting	Village walk				Swimming	School Council Committees established
	October	Harvest Festival My Plan meetings Literature Festival Staying safe online parent talk	Online safety talks for parents	Online safety talks for parents Autumn stay and craft	Online safety talks for parents	Online safety talks for parents	Online safety talks for parents	Online safety talks for parents	Online safety talks for parents Swimming	Online safety talks for parents
	November	Parent questionnaires Open afternoon (Friday 21st)	Developmental reports sent home.	Parents Evening	Parents Evening	Parents Evening	Parents Evening Clarinet performance	Parents Evening Clarinet performance	Parents Evening Swimming	Parents Evening School Council made bird feeders (bio diversity) with pre- school STRIVE maths course for GD pupils

	December	Carol Service Nativity Christmas Tree Festival	Carol Service Nativity Christmas Tree Festival	Carol Service Nativity Christmas Tree Festival	Christmas Tree Festival	Christmas Tree Festival	Christmas Tree Festival	Christmas Tree Festival	Christmas Tree Festival	Christmas Tree Festival
Spring Term	January	Parent Overviews My Plan meetings		Weekly outdoor learning Look Who's Talking	Weekly outdoor learning Look Who's Talking	Look Who's Talking	Look Who's Talking	Young Voices Look Who's Talking	Young Voices Look Who's Talking	Young Voices Look Who's Talking School Council- traveling to school survey School Council 'experiences' survey
	February	Community open afternoon	Lunar New Year celebration week.	Weekly outdoor learning February stay and play	Weekly outdoor learning			Parent art afternoon		
	March	World book day Parents Evening Geometric problem solving	World Book Day Mothers Day Stay and Play 11.02.26 Parents evening	Mother's Day Morning 12 th March	Weekly outdoor learning Mother's Day Morning 12 th March Reading meeting for parents.	Mother's Day Morning 12 th March First aid training Reading meeting for parents.	First aid training for pupils Easter art afternoon with parents DT Junk modelling with parents	First aid training for pupils Easter art afternoon with parents All Things Wild Trip	First aid training for pupils	First aid training for pupils

							Reading meeting for parents.			
	April	Easter open afternoon My Plan meetings		Weekly outdoor learning	Science fun day	Science fun day	Science fun day	Science fun day	Science fun day	Science fun day
Summer Term	May	Parent Overviews		Weekly outdoor learning	Weekly outdoor learning					
	June	Sports day My Plan meetings	Fathers Day stay and Play Sports day	Father's Day Morning 18 th June Weekly outdoor learning	Weekly outdoor learning Father's Day Morning 18 th June	Father's Day Morning 18 th June				Cathedral leavers service
	July		End of year celebration day.	Weekly outdoor learning	Weekly outdoor learning					School play
				Weekly outdoor learning						

P.E & School Sport Oversight Document Norton Primary School

Academic Year: 2024–2026 (recurring events)

P.E Lead: John Spencer

Document Purpose:

This document provides oversight of competitive and enrichment sporting events attended by pupils, participation numbers, targeted groups, and the educational and personal value of engagement in school sport, in line with the **Gloucestershire School Sports Handbook**.

Participation in school sport supports:

We believe that participation in sport is important for all pupils because it helps develop: Physical development and healthy lifestyles, confidence, resilience, and teamwork, social inclusion and belonging, engagement of underrepresented groups

We promote **inclusive participation**, encouraging schools to: Target **low-confidence pupils**, provide **girls-only opportunities**, be fully inclusive supporting **GRT pupils and other underrepresented groups**, offer **pathways from participation to competition**

Attending events with **different groupings** allows pupils to: Access sport at an appropriate confidence level, feel safe and supported within targeted groups, build skills before transitioning into mixed or competitive formats

2. Event Participation Overview

<u>Event</u>	<u>Target Group</u>	<u>Number of Pupils Attended</u>	<u>Max Number (Per Handbook – editable)</u>	<u>Value & Impact</u>
Girls Football League	KS2	Girls only	12 girls	Increased confidence, leadership, competitive experience
Boys Football League & Tournaments	KS2	Boys	16+ boys	Teamwork, resilience, competitive pathways

Quicksticks Hockey (Summer 2026)	KS2	Mixed	15 children	Skill development, inclusive team play
Bench Ball	Y3/4	Mixed		Tactical play, communication
Table Tennis	KS2	Mixed		Hand-eye coordination, focus
Cross Country Championships	KS1	Mixed		Endurance, personal challenge
KS1 Multi Skills (Christmas)	KS1	Mixed		Fundamental movement skills
Christmas Dance Festival	KS2	Mixed		Creativity, confidence, performance
Sports Hall Athletics	KS2	Mixed		Speed, agility, teamwork
Orienteering Events	KS2	Mixed		Problem solving, teamwork
Girls FA Shooting Stars Football	KS1	Girls only		Early engagement for girls in football
KS1 Multi Skills (Easter)	KS1	Mixed		Confidence building through movement

Quicksticks Hockey	KS2	Mixed	Competitive introduction to hockey
Mobberley Cup	KS2	Mixed	School representation, team identity
KS2 Golf Events	KS2	Mixed	Alternative sport access, inclusion
Year 3/4 Quadkids	Y3/4	Mixed	Athletics skills, multi-discipline exposure
KS1 Bean Bag Rounders	KS1	Mixed	Throwing, catching, teamwork
Eal and Low-Confidence Team Building	KS2	Low confidence pupils	Confidence, cooperation, self-esteem
Mountain Biking Competition	KS2	Mixed	Risk management, resilience
Athletics Championships	KS2	Mixed	Performance pathways
KS1 Summer Multi Skills	KS1	Mixed	Physical literacy
Summer Dance Festival	KS2	Mixed	Expression, confidence, performance

3. Targeted Group Participation & Inclusion

Low Confidence Pupils

Events such as **Team Building** and **multi-skills festivals** allowed pupils to: Participate without pressure, develop confidence before competitive events. experience success through small-group activities

Girls-Only Opportunities

- Girls Football League
- FA Shooting Stars

These events: Increase female participation, reduce performance anxiety, support transition into mixed competitions

Inclusive & Underrepresented Groups (Including GRT Pupils)

Targeted and mixed events ensure: Equal access to opportunities, social inclusion, representation at school and county level

4. Impact Summary

- ✓ Increased pupil participation across the year
- ✓ Improved confidence and engagement in P.E lessons
- ✓ Clear pathways from participation → competition
- ✓ Strong alignment with Gloucestershire School Sports values
- ✓ Broad range of sports offered beyond traditional games

5. Next Steps / Ongoing Development

- Continue to increase targeted group access
- Track repeat participation and progression
- Monitor balance between KS1 and KS2 opportunities
- Update max numbers once handbook figures are confirmed

