

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Elmbridge  
Silver Menu Autumn  
2019 GCC

caterlink  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1						
02.09.2019	Main	Cheese & Tomato Pizza	Sausages & Mash	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Meatballs and Rice	MSC Fish Fingers with Chips
23.09.2019						
14.10.2019	Vegetarian	Quorn Sausage with Potato Wedges	Vegetable hotpot	Vegetable fajita	Quorn Chilli and Rice	Spinach & Tomato Quiche with Chips
11.11.2019						
02.12.2019	Jacket pot	Jacket Potato with cheese or tuna	Jacket Potato with Beans,	Jacket Potato with cheese	Jacket Potato with cheese or tuna	Jacket Potato with Beans,
		Peas Coleslaw	Broccoli Sweetcorn	Cauliflower Carrot	Savoy Cabbage Sweetcorn	Baked Beans Peas
	Dessert	Pear sponge & Custard	Iced Sponge	Chocolate Shortbread	Apple Crumble with Custard	Apple, Cheese and Biscuits Fruit and Yoghurt
Week 2						
09.09.2019	Main	Roasted Vegetable Pizza	Rustic Cottage Pie with Gravy	Roast Gammon with Roast Potatoes and Gravy	Chicken Tagine with Rice	MSC Fish in breadcrumbs with Chips
30.09.2019						
21.10.2019	Vegetarian	Vegetable Tagine with Couscous	Vegetarian Quorn Spaghetti Bolognaise	Vegetarian Wellington with Roast Potatoes and Gravy	Macaroni Cheese	Red Pepper Frittata
18.11.2019						
09.12.2019	Jacket pot	Jacket Potato with cheese or tuna	Jacket Potato with Beans,	Jacket Potato with cheese	Jacket Potato with cheese or tuna	Jacket Potato with Beans,
		Carrots Green Beans	Peas Cauliflower	Cabbage Peas	Sweetcorn Green Beans	Baked Beans Peas
	Dessert	Fruit Crumble with Custard	Chocolate & Beetroot Brownie	Jelly	Carrot Sponge with Custard	Apple, Cheese and Biscuits Fruit and Yoghurt
Week 3						
16.09.2019	Main	Cheese & Pepper Pizza	Chicken, Pie with ½ jacket potato	Roast Pork with Roast Potatoes and Gravy	Pasta Bolognaise with Garlic Bread	MSC Fish in Batter with Chips
07.10.2019						
04.11.2019	Vegetarian	Cheese and Vegetable pasty with New Potatoes	Quorn Pie with ½ jacket potato	Quorn Fillet with Roast Potatoes and Gravy	Cheese & Pepper Whirl	Vegetable Pasta Bake
25.11.2019						
16.12.2019	Jacket Pot	Jacket Potato with cheese or tuna	Jacket Potato with Beans,	Jacket Potato with cheese	Jacket Potato with cheese or tuna	Jacket Potato with Beans,
		Peas Carrot & Beetroot Slaw	Sweetcorn Green Beans	Carrots Broccoli	Sweetcorn Savoy Cabbage	Baked Beans Peas
	Dessert	Chocolate Crunch with Custard	Vanilla Shortbread	Orange Drizzle Cake	Chocolate and Mandarin Sponge with Chocolate Sauce	Apple, Cheese and Biscuits Fruit and Yoghurt

